

Statement of Supervision Philosophy (2014)

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Supervision Style

In order to meet supervisees where they are, both in regard to skill and confidence, I approach supervision using a developmental model. During the course of supervision, I strive to create a collaborative environment. In doing so, my hope is that supervisees feel safe and supported in exploring areas in which they feel success and, perhaps more importantly, safe in sharing areas in which they have questions and feel that they could grow. I encourage the use of tape (both the supervisee's and my own) and like to process reactions that occurred in session and reactions occurring in the here-and-now. I fully recognize that I too have much to learn and find that I grow through the supervision experience as well. Finally, I enjoy checking in with supervisees about their professional development, their experience in their various programs, and about their personal interests.