Supervision Statement

Marleen S. Williams
Clinical Professor of Counseling Psychology

Center activities: Psychotherapy for individuals, group (eating disorders and Dialectical Behavior Therapy), and couples; supervision; Sexual Assault Treatment Team; Disaster and Trauma Response Team; Outreach and consultation; various departmental, college and university committees; joint appointment with Department of Counseling Psychology and Special Education; CPSE activities; teaching; diagnosis, treatment and practicum; research; women’s mental health, eating disorders, spirituality and mental health, trauma and rape.

Theoretical styles: Dialectical Behavior Therapy; interpersonal and developmental.

Professional interests: Trauma; eating disorders; Axis II disorders; severe mental illness, couples and relationships; step-families; young adult development. I also just like to goof off and have fun.

Supervision model: Individualized developmental approach that focuses on working towards identifying and refining the supervisee’s own style. Strong emphasis is given to awareness of interpersonal process within the session and the therapeutic alliance. Conceptualization skills are also seen as a generative focus for interventions, skills and techniques. Goals for supervision are derived from a mutually agreed upon contract that focuses on supervisee interests, refinement of strengths, supervisee’s unique style and building knowledge and skills in deficit areas.