Statement of Supervision Philosophy
By Stevan Lars Nielsen
Ph.D., Clinical Psychology, 1984
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Center Activities: Individual and group psychotherapy, supervision of doctoral students, member of CCC Research Management Team

Therapy orientation: - Rational emotive behavior therapy (REBT) , Associate Fellow, Albert Ellis Institute for REBT, Co-Founder, Intermountain Center for REBT, Special interest in integrating religion with treatment

Supervision background: Trained and certified as a supervisor in REBT by the Albert Ellis Institute for REBT

Supervision philosophy: 40% focus on client problems & issues , 60% focus on problems & issues in the therapy. This means that the focus of about 40% of supervision time is on understanding the clients’ problems; 60% of supervision time is given to developing and managing therapeutic issues and developing interventions tailored to specific client problems