Statement of Supervision Philosophy

Robert L. Gleave, Ph.D., ABPP, CGP
Clinical Professor

Center Activities:
• Couples, Group, and Individual Psychotherapy
• Joint Appointment in Counseling Psychology Doctoral Program teaching Practicum and Advanced Theory and Practice of Group Psychotherapy
• Supervision
• Research in Group Psychotherapy
• Training Committee
• Clinical Case Review Committee
• Research Management Team

Professional Interests:
• Group Psychotherapy
• Post Modern Philosophy
• The Application of Philosophy to Psychotherapy Practice
• Religion and Psychotherapy
• Psychology Training

Theoretical Style:
• My theoretical style is most closely described in Existential terms. I have a strong interest in and am heavily influenced by post modern philosophy. I value the complexity of human lives and relationships and the contexts in which living is experienced. I hold the present to be the more accessible/informative/influential tense and interpersonal interactions to be a primary source of motivation, and learning.

Supervision style:
• I believe my first responsibility as a supervisor is to support the supervisee and our clients. It is my goal to establish a collaborative relationship that is flexible and responsive to emerging issues. I value openness to and the non-defensive exploration of complex questions. The collaboration is most useful when difficult work is brought to supervision to be specifically understood and options considered. I also value the congruence of theoretical grounding and intervention delivery.